# Weekly Word



A Publication of Gloria Dei Lutheran Church, Urbandale, Iowa

July 16, 2006 Sixth Sunday after Pentecost

## Life's Stop Signs

by Karen Kennedy, staff

This week in our sermon series, "Street Signs of Life," we will examine the stop sign, which seems to have the least wiggle-room from all the other signs on the road because it commands an immediate halt. God, too, posts stop signs within the Bible that command us to immediately and permanently halt from certain activities.

An entire epistle is dedicated to instructing believers to stop from sin's gnarly entanglements

and turn to the true vine, Jesus
Christ. A few weeks ago, Pastor
Burcham spoke about the state
of "affairs" in the Corinth
church. They were inundated
with sexual immorality, where
the principle of feeding their
lust became their living philosophy. God told them to turn
from these earthly roads, so that
they could harmoniously live for him and not be

driven by their fleshy desires.

The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. I Corinthians 6:13b

God furthers this heavenly focus in Galatians when he instructs the church to leave their fleshy works in the dust and live internally by the Spirit:

So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want. Galatians 5:16 and 17

If you haven't noticed, a war rages in our souls. We are in a tug-of-war between two opposing entities, which are clearly defined in Galatians as the acts of the flesh versus the fruit of the Spirit. God instructs us to stop the sinful entanglements of "sexual immorality, impurity and debauchery, idolatry and witchcraft; hatred, discord, jealously, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies and the like." and replace them with Spirit-filled living.

Since we live by the Spirit, let us keep in step with the Spirit. Galatians 5:25

In the Gospels, the Pharisees personified man's tendency to walk by their own deceit, completely bypassing the Spirit. On one occasion the Pharisees were in an uproar concerning Jesus

healing a man on the Sabbath. Jesus responded by telling them to stop their prideful customs and launch into God's ways, which yield healing and power.

We, too, are asked to forsake our ways and follow him. The end result is a well-lit road that glorifies God.

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires, to be made new in the attitude of your minds, and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:22-24

### Street Signs of Life

July 15-16: Stop July 22-23: Rest Area July 29-30: No Parking August 5-6: Winding Curves

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### Quilts on Display

Take some time and view the quilts, made by the Stitchin' Mission for the children in Honduras, in the narthex

## **Grief Share Support Group**

A grief support group will begin Thursday, August 24 from 6:30-8 p.m. to help individuals who are mourning the death of a family member or friend. The group will use GriefShare, a 13-week curriculum written by Church Initiative, a



not-for-profit, nondenominational organization, whose aim is to support individuals through the grieving process. A video will be played each week with different renowned Christian speakers and counselors discussing subjects such as: "When Your Dreams Fall Apart," "The Seasons of

Grief," "Emotions of Grief," "When Your Spouse Dies," "When Your Child Dies," "Your Family and Grief," and "Growing through Grief." Following the video, participants will gather into small groups and discuss the week's topic.

The GriefShare support group was formed to support members after the loss of a loved one. After research and prayer, the Ministry Action Team, consisting of Pastor Phillips, Alanna Eng, Dan Hinson, Lynn Meyer and Faye Petersen, selected the GriefShare curriculum. "We investigated LCMS congregations in the midwest who have an average attendance of 1,000 or more and found five out of six used curriculums from

Church Initiative," said Lynn
Meyer. "We are very excited
because the depth of the curriculum
reaches into the broad scope of
grief. Our goal is to help people
grow closer to their Lord as they
move through the grief process." A
second session of GriefShare will be
offered next January; at that time,



we will open the enrollment to the community. Prayerfully, this will meet a need in our community, as well as introduce people to Jesus for the first time and for a lifetime.

If you are interested, please talk to one of the team members out in the narthex today or pick up a registration form at the table and return it to the "GriefShare" box at the Information Center by Thursday, August 17. Childcare will be provided. A free-will donation of \$18 is suggested to cover the cost of the workbook. If you have any questions, contact Pastor Tim Phillips at 276-1700 or tphillips@gloriadeionline.com. If you would like more information about Grief-Share or Church Initiative, go to their Web site at churchinitiative.com.

Gloria Dei 8301 Aurora Ave. Urbandale, IA 50322 515-276-1700 Gloria D www.gloriadeionline.com

#### Sunday Schedule

Sunday Worship 8, 9:30 and 11 a.m.

Staffed Nursery 8 a.m.-noon

#### **Saturday Schedule**

Saturday Worship 5:30 p.m.

Grace Place 6 p.m.

Staffed Nursery 5:15 p.m.

#### Staff e-mail:

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**Governing Board** 276-1700

## **Sacrament of Holy Baptism**

The Sacrament of Holy Baptism at the 11 a.m. service is for:



hloe Lynn Chamberlin born June 28, 2006 to Chris and Sarah (nee Essick) Chamberlin. Chloe's spiritual sponsors are Brad and Sue Essick, Matt and Stephanie Essick and Sarah Bax.



**K** ai Venton Baker born January 21, 2006 to Mike and Stacie (nee Bergeson) Baker. Kai's spiritual sponsors are Shannon Hoskins and Richard and Shelley Sessler.

## **Altar Flowers**

Flowers on the altar are in celebration of the marriage of Kacey Hays to Daniel Beyer on Saturday.

## Walking in the Light



Tune in Sunday, July 23 at 10

a.m. on radio station 1150 AM

KWKY as Pastor Baldwin

shares on Mark 10:14.

# Servers

We are thankful for our helpers today who assist in providing a great place to worship.

Tom Westby Marvin Deer Randy Walford Ushers: Northwind Richard Valle 8 a.m. Tom Berg David Graaf

Arlyn Hesse

Dan Johnson

**Elders:** 

Richard Mueller
Jim Johnson
Phyllis Johnson
Jeff Johnson
9:30 a.m.
Greg Haessler
Bob Loch
Doug Kumm
Tim Mueller
Chad Oehlert
Dale Schinstock
Mark Toebben
Andy Van Pelt

11 a.m.
Gary Wasko
Ken Wenndt
Mike Cobb
Organist:
Kathy Stange
Acolytes:
Emily Raecker
Tressa Steuber
Zoe Collins

### God's People in Prayer

Blue prayer request cards are beneath the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pennie in the church office, 276-1700, or contact Diane Young between 9 a.m. and 5 p.m. at 993-3870 or Joan Kickbush after 5 p.m. at 987-4864 with your request.

### **Thanksgivings**

- For our congregational growth
- For our nation and the freedom we enjoy
- · For our children

### **Prayers**

- For Rachel Onsrud's mother, Norma Willems, who is recovering from surgery
- For our summer camps
- For our safe travel on vacations
- For our farmers

### **Prayer Ministry Team**

If you are interested in joining the prayer ministry team, please e-mail pennie@gloriadeionline.com with your name, e-mail address and phone number.

## **Dealing with Adversity**

by Dr. Dan Hinson

Dr. Dan Hinson, a member of Gloria Dei for six years, was devastated upon hearing the diagnosis of his wife of more than 50 years with Alzheimer's disease. The following is his story.

It was all planned with precision, designed to coincide with

my optometric license renewal in June of 1998. My long-awaited retirement from optometry after a 41-year partnership at Vision Park Family Eye Care seemed a fitting climax to my much-loved career in eye care for children.

Then came the shock. After noticing my wife's forgetfulness and difficulty balancing our checking account, setting the table, finding recipes, etc., we visited our doctor, a

fine internist. He listened carefully, then prescribed a drug called Aricept for Ann. Only after receiving the drug did I discover on the package insert that it was for early to midstage Alzheimer's disease. My world crashed, as Ann's mother had died from Alzheimer's after a horrid seven-year struggle. A second opinion from a neurologist confirmed the diagnosis and our world was never to be the same again.

Gone were the long-planned trips, cruises and joy of retirement. The news also crushed our five daughters, who always remembered their mother as a stay-at-home mom, cook, laundress, taxi driver, friend and counselor.

Our move into a managed-care townhouse complex some 18 months prior had been God's work.

For the next five years, I devoted myself to Ann and her care although it was a losing battle. Gradually, Ann lost not

only her memory, direction and thought-processing, she also became increasingly resistant to dressing, eating, toileting and bathing, but I 'could handle' it.

After a disastrous two-month winter stay in our beloved Florida home, I came to realize that my health was at risk too! (Not that family and friends had not warned me!)

On June 18, 2003, my world crashed as my daughters watched me guide Ann through the front doors of the nursing home, a lockdown Alzheimer's unit. She did much better with the adjustment than I did. The crushing realization that our 50-year marriage was now split dragged me through anger, selfpity and social withdrawal. I found myself a stranger in my own townhouse, unable to

find local restaurants, stores, streets, theatres

and offices. Only then did I realize how deep a hole I had dug, to care for Ann for so long, with very little socializing and "time out".

Fortunately, my daughters insisted I find an Alzheimer's Support Group, and it has been a blessing of no small degree! Not only did I receive advice, counsel and comfort, I met a fellow graduate from my high school who set me straight on a lot, his wife having been ill for many more years.

As I recovered, I discovered that I was giving help, advice and counsel to newcomers, and it proved to be very therapeutic for me! I now have redirected my life to move on, smell the flowers, and enjoy friends.

God moves in mysterious ways, many of which don't make sense until later. I know!



Dr. Dan Hinson

**Please note:** Life has its struggles—you don't have to bear the burden alone. If you or someone you know is dealing with a difficult life struggle, please feel free to call Pastor Tim Phillips at 278-5544, ext. 204. In addition, feel free to join the GriefShare group at Gloria Dei or get in touch with a local support group, such as the Alzheimer's support group at 440-2722.

## **Self-Defense Class**

A Women's Self-Defense Class will run for six weeks, starting Monday, August 28 at 7 p.m. in the Family Life Center; no class will be held on Labor Day. The cost of the class is \$25. Dr. Chip Miller, who has 31 years of teaching experience and is the founder and head instructor of Drake Gung Fu Club, will be the instructor. If you are interested, contact Pastor Phillips at 278-5544, ext. 204.

## **Guest Transportation**

To improve access to our facility, we have formed a guest transportation ministry. This ministry will involve two eight-passenger shuttle carts that will circle the parking lot and transport guests to the doors of the narthex. If you are at least 30 years old and would like to be involved in this ministry, by driving the carts, contact Pastor Phillips at 278-5544, ext. 204.

## **Ministry Partners**

Ministry partners are needed for fall education classes. If you love working with children, we have a ministry for you. You can help for one hour or more hours. Ask how, ask now! See DeAnn or Terry at the Information Center today.

### **Tech Team Wants You**



The Gloria Dei Tech Team is looking for new members. Visit our display in the narthex today to get more information.

We will be have an orientation Wednesday, July 26 at 7:30 p.m. at church.

## **Position Open**

Tiny Treasures has two half-time positions for the fall. If you are interested or know someone, see Terry at the Information Center.

## Wish to join Gloria Dei?

Sign the friendship pad in the pew or at the Information Center and check "wish to join Gloria Dei." All who wish to join must attend the Discovery classes.

### New to the Lutheran church?

You are invited to attend Discovery 101 and Discovery 201

# Transferring from another Lutheran church?

You are invited to attend Discovery 201.

## **Discovery 101**

#### Wednesday, September 13

Discovery 101 is a five-week class for those who are new to the Lutheran Church. Childcare is provided.

### **Discovery 201**

#### Sunday, October 15 from 3-7 p.m.

Discovery 201 is a four-hour event for everyone joining Gloria Dei. Dinner and childcare is provided.

### Sign-up

If you have any questions or want to register, please contact Pastor Phillips at 278-5544, ext. 204 or tphillips@gloriadeionline.com.

#### **Tiny Treasures Updates**

From Terry Steinke,
Director of Tiny Treasures
Lutheran Preschool

### **Installation Day**

Coming in a month: the Installation Day of the new playground. The playground company joins us as we work on the playground Saturday, August 5 starting at 7:45 a.m. We'll meet in the east end for coffee and donuts and a little pep rally. Then the work and fun starts in the playground. Lunch will be provided. By the time we finish, our playground will be installed and ready for the cement work and fill. Don't miss this wonderful day as we finish a huge project. If you can help, please sign up at the Information Center. Please note: This would not be a safe environment for young children because of the heavy equipment and holes, etc. We'll have a celebration with families a little later.

Installation Day Mark the calendar: Saturday, August 5 7:45 a.m.



# GLORIA DEI GOLF OUTING

Saturday, August 26
Willow Creek Golf Course
Shotgun Tee-Off at 8:00 am
Best ball will be played from each team of 4
Fee of \$55 per adult includes cart, lunch, and prizes!
(\$200 per 4-some registered at the same time)
(\$45 per student)

Name \_\_\_\_ Address \_\_\_ Phone

Names of group golfing with

Payment due when registering
Registration Deadline: August 15
Mail registration to:
Gloria Dei Lutheran Church
8301 Aurora Avenue
Urbandale, IA 50322

## **Library Moved**

Come and investigate the new children's library, which has moved around the corner. Don't forget to check out some great reading materials for the summer reading club. Reading logs can be returned Saturday evenings and Sunday mornings in the library.





## **Update on LWML Convention**

The Lutheran Women's Missionary League, LWML, celebrated its 60th anniversary June 22-24 at Camp Okoboji with approximately 375 in attendance. The theme for the gathering was "Jesus is My Light and My Rock." Delegates approved a goal of \$120,493 for specific mission projects. A poster in the narthex shows the various recipients. Keynote speaker Melissa Salomon of Lutheran Hour Border Concerns described her work in Tijuana, Mexico. During the worship/communion service held at Spirit Lake on Thursday evening, an offering of \$4,790 was given to support her efforts. Pastor Sieveking, Iowa District West LCMS president, gave the sermon and also spoke during the convention. Ten pastors attended the convention. Gary Theis of Mission Central in Mapleton also addressed the group. Lynn Cooper of Pella provided musical entertainment at the banquet.

Ladies brought the following for the in-gathering:

- 438 new toys
- 367 filled backpacks
- 1,252 pounds of yarn
- 1,898 pairs of socks
- 424 medical items

The above items will be distributed through the Orphan Grain Train and the California and Mexico mission trips. It was also noted that the Orphan Grain Train supplied 93 semi-loads of supplies to the victims of Hurricane Katrina.

Donna Maasen represented Gloria Dei as a delegate of the convention and served on the registration committee with women from Faith, Adel and Beautiful Savior in Polk City.

## **Crafters Needed**

The Gloria Dei Lutheran Women's Missionary League is planning its 14th annual craft fair for Saturday, October 14 from 9 a.m. to 2 p.m. This fair specializes in handcrafted items. There also will be a bake sale and a café. If you are interested in displaying items, please contact Marolyn Carstens at 262-3249 or online at www.gloriadeionline.com.

### Addison's Love

You are invited to lunch, kids' activities, a silent auction and free ice cream at *Share the Love - A Family Event*, July 29 from 10 a.m. to 2 p.m. at Valley Southwoods, 625 South 35th Street, West Des Moines. Share the Love and Addison's Love were created in memory of Addison Rose Love, infant daughter of Shane and Stacy Love. All proceeds from this event will help give comfort and hope for a cure to other children with cancer. For more information, go to www.addisonslove.com.

## Let's Share Our Bread

#### New Items!

Naomi Circle is collecting food donations for the Des Moines Area Religious Council food pantry by the first Sunday of each month.



Each month, they will suggest several items that the pantry needs to assist the estimated 10,500 Des Moines residents who need food and other items.

Today is the last day for the following items:

#### July's items:

- Rice (1-2 lb. bags)
- Saltines
- Spaghetti sauce (canned)
- Tomato sauce
- Tuna

In addition to donating items, checks can be written to Gloria Dei with "food pantry donation" written on the memo line and placed in the offering plate.



### **High School**

Sunday Nights with GF (God and Friends)

July 16

Meet at Tim's house, 9926 Brookview, Sunday from 6-9 p.m. for Bible study and fun.

### **Young Adults (Ages 18-23ish)**

Thursday, July 20 at 8 p.m. in the Youth Center

We always think we know what's missing from our lives in order to really make us happy, don't we? If only I had that car, or that job, or if only I could lose those 15 pounds, then I'd be happy. Really? How often do we want something only to find out that it wasn't that great after all? Sometimes we ask God for things and if he doesn't deliver right away, we start questioning whether God really understands or even cares. Do we really trust God? Join us as we dive into these realities.

### **Junior High**

Join your friends every Saturday night for worship and Bible study at our Northwind worship service.

Parents and Preschoolers





Saturday mornings have brought in young cooks and their parents as they learn the art of cooking, such as Monica and Cael Duncalf (left) and Tommy and Isabel Yates (right).

## **Science Camp Oozes with Activity**

Last week, the classrooms were filled with little scientists experimenting with gooey and sticky elements that helped them to understand God's magnificent world.















## Week of July 16-22

#### Sunday, July 16

8:00 a.m. Traditional Worship Service with Communion

9:30 a.m. Blended Worship Service with Communion

11:00 a.m. Contemporary Worship Service6:00 p.m. High School Evening with GF

7:00 p.m. AA Meeting - RM 109

Monday, July 17

9:00 a.m. Little Girl, Girl and Next Generation Girls'

Camps

7:00 p.m. Spirit Nurturers

Tuesday, July 18

9:00 a.m. Little Girl, Girl and Next Generation Girls'

Camps

6:00 p.m. Board Meeting

Wednesday, July 19

9:00 a.m. Little Girl, Girl and Next Generation Girls'

Camps

#### Thursday, July 20

6:30 a.m. Men's Bible Study

9:00 a.m. Little Girl, Girl and Next Generation Girls'

Camps

10:00 a.m. Sew and Sews

Friday, July 21

9:00 a.m. Little Girl, Girl and Next Generation Girls'

Camps

9:30 a.m. Preschool Story Time

Saturday, July 22

9:00 a.m. Preschoolers and Parents

5:30 p.m. Saturday Evening "Northwind" Service with

Communion

6:45 p.m. Junior High Saturday Night Live

Outpouring of Love for the Lord *			
General Fund Offerings	\$18,277		
YTD Offering	\$42,055		
YTD Budget	\$53,620		

<sup>\*</sup> Please note: These numbers reflect the beginning of the church's fiscal year, which began in July.

Attendance			
Northwind	145	Communion	
8 a.m.	167	5:30 p.m.	93
9:30 a.m.	271	11:00 a.m.	112
11 a.m.	184	Total Communion	205
Total	767		

## Week of July 23-29

#### Sunday, July 23

8:00 a.m. Traditional Worship Service9:30 a.m. Blended Worship Service

11:00 a.m. Contemporary Worship Service with

Communion

6:00 p.m. High School Evening with GF

7:00 p.m. AA Meeting - RM 109

Monday, July 24

1:00 p.m. Fine Arts Camp

Tuesday, July 25

1:00 p.m. Fine Arts Camp7:00 p.m. Board of Elders

Wednesday, July 26

1:00 p.m. Fine Arts Camp

Thursday, July 27

6:30 a.m. Men's Bible Study10:00 a.m. Sew and Sews

1:00 p.m. Fine Arts Camp

7:00 p.m. Purpose Driven Bible Class7:30 p.m. Strategic Ministry Action Team

Friday, July 28

1:00 p.m. Fine Arts Camp

Saturday, July 29

5:30 p.m. Saturday Evening "Northwind" Service

July 15 and 16, 2006 • Signs of Life: Stop

"Love the Lord"

"Maiestic"

"How Great is Our God"

"Rescue"

**Confession and Absolution** 

"All to You"

**Epistle Reading** 

(NIV) Galatians 5:16-25

Gospel Reading

(NIV) John 8:1-11

Children are invited to Grace Place

Offering

"You Are God Alone"

Sermon: Pastor Tim Phillips,

**Director of Congregational Care** 

**Prayers** 

Lord's Prayer

"You Are So Good to Me"

**Blessing and Announcements** 

#### Teaching of New Song: "Indescribable" Welcome

"Awake, My Soul, and with the Sun," LW 478, 3 Vs.

Introit

"Indescribable"

**Confession and Absolution** 

"Jesus, Your Blood and Righteousness," LW 362, 3 Vs.

**Epistle Reading** 

(NIV) Galatians 5:16-25

**Gospel Reading** 

(NIV) John 8:1-11

**Apostles' Creed** 

"Today Your Mercy Calls Us," LW 347, 2 Vs.

Sermon: Pastor Tim Phillips,

Director of Congregational Care

"Today Your Mercy Calls Us," LW 347, 1 Vs.

Offering

"You Are God Alone"

**Prayers** 

Lord's Prayer

**Celebration of Holy Communion** 

"Agnus Dei," LW 172

"Rescue"

"Just As I Am, Without One Plea," LW 359, 4 Vs.

"Wonderful Maker"

"Immortal, Invisible, God Only Wise," LW 451, 4 Vs.

**Benediction** 

"Now Thank We All Our God," LW 443, 1 Vs.

00

"Awake, My Soul, and with the Sun," LW 478, 3 Vs.

Introit

Welcome

"How Can I Thank You, Lord," LW 385, 2 Vs.

**Confession and Absolution** 

"Jesus, Your Blood and Righteousness," LW 362, 3 Vs.

**Epistle Reading** 

(NIV) Galatians 5:16-25

**Gospel Reading** 

(NIV) John 8:1-11

**Apostles' Creed** 

"Today Your Mercy Calls Us," LW 347, 2 Vs.

Sermon: Pastor Tim Phillips,

Director of Congregational Care

"Today Your Mercy Calls Us," LW 347, 1 Vs.

Offering

**Prayers** 

Lord's Prayer

**Celebration of Holy Communion** 

"Agnus Dei," LW 172

"I Come, O Savior, to Your Table," LW 242, 4 Vs. "Just As I Am, Without One Plea," LW 359, 4 Vs.

"Immortal, Invisible, God Only Wise," LW 451, 4 Vs. **Benediction** 

"Now Thank We All Our God," LW 443, 1 Vs.

#### Welcome

#### Sacrament of Holy Baptism

"Love the Lord"

"Majestic"

"How Great is Our God"

"Rescue"

**Confession and Absolution** 

"All to You"

**Epistle Reading** 

(NIV) Galatians 5:16-25

**Gospel Reading** 

(NIV) John 8:1-11

"Indescribable"

Sermon: Pastor Tim Phillips,

**Director of Congregational Care** 

"You are God Alone"

**Prayers** 

Lord's Prayer

"You Are So Good to Me"

**Blessing and Announcements** 

#### The Celebration of Holy Communion

A Note to Our Guests and Visitors . . . The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine.